



Save on Drugs While You Save on Groceries

You know that shopping at stores like Costco, Walmart, and Sam's Club is a good way to stretch your household budget. But did you know that you can also get big savings on your prescription drugs?

A number of warehouse stores and drugstore chains offer discount-drug programs with no annual fees. You can buy a 30-day supply of generic medication for as little as \$4—a much better deal than the medical plan's \$15 copayment.

Here are some of the programs that can help cut drug costs for both you *and* the Orthodox Health Plan. Visit these websites or call the store nearest you to find out about lower-cost options.

The Store	The Deal	To Learn More
Walmart & Sam's Club*	Pay \$4 for a 30-day supply and \$10 for a 90-day supply of certain generic drugs.	www.walmart.com/pharmacy
Target	Get a wide range of generics for \$4 for a 30-day supply and \$10 for a 90-day supply.	www.target.com
Costco*	Receive discounts on all your prescription drugs, including many generics under \$10.	www.costco.com
Rite Aid	Save up to 20% on thousands of brand-name and generic prescription medications; select generics cost \$8.99 for a 30-day supply and \$15.99 for a 90-day supply.	www.riteaid.com/pharmacy/rx_savings
Kroger	Get more than 300 widely prescribed generic drugs for \$4 for a 30-day supply and \$10 for a 90-day supply.	www.kroger.com/generic

*You don't have to be a Costco or Sam's Club member to buy prescription drugs there; just say at the door that you're visiting the pharmacy.

For Example. The antibiotic amoxicillin is one of the top 10 drugs prescribed under the Orthodox Health Plan. Both Walmart and Target offer a 30-day supply of amoxicillin for \$4 and a 90-day supply for \$10. And generic alternatives to Lipitor—the #1 drug used by Orthodox Health Plan participants—are available at all of the stores listed above.

You can also find great deals on prescription drugs at many local grocery chains, such as Shop & Stop, Giant, and Wegmans. For instance, Stop & Shop offers a 90-day supply of over 350 commonly prescribed generic medications for only \$9.99. Check your local stores to see if they offer special prices for generic drugs.

Why Generics Are Your Best Value

A generic drug has the same active ingredients—and works the same way—as the brand-name version. Although a generic may have a different name or appearance, the Food and Drug Administration requires that generic and brand-name drugs meet the same quality standards. Why pay more for a label?

The accompanying bulletin explains what every smart health care consumer should know about generic drugs.

The Bottom Line

Whether you're in the market for frozen food, back-to-school clothes, or prescription drugs, it makes sense to shop where you're going to get the best deal!

